

FÉDÉRATION
FRANÇAISE

AVIRON



INVITATION



COUPE DE FRANCE 2025



VICHY
25-26 OCTOBER 2025

The Spirit of the Coupe de France

For over 30 years, the Coupe de France has embodied excellence, passion, and healthy competition at the heart of French rowing. This unique event brings together each year the best rowers from the French regional leagues in the U17, U19, and Elite categories, competing in the premier events of the 8+, 4x, and mixed 4x. It is much more than just a regatta: it is a moment of pride, commitment, and regional identity.

Today, the Coupe de France is entering a new chapter. Extending its spirit of openness, it now welcomes regional teams from across Europe, offering them the opportunity to compete against other high-level rowers unified by the same passion.

This evolution is a true renaissance, merging two traditions: the one of the Coupe de France and the other from the former TERA Match — the European Trophy of Regions — from which we've inherited the celebrated Saturday night gala dinner. This convivial moment brings together athletes and coaches for a festive meal, in a warm atmosphere filled with plenty of friendship, fraternity, and passion for our sport.

Welcome to challenge the French crews and be part of this great celebration of rowing!

Editorials



CNR Sponsors the Coupe de France

At CNR, we share with rowers this intimate connection with the water, the flow, and the driving force of a crew. We are proud to have contributed to the development and promotion of rowing for over 10 years.

CNR is committed to supporting the French Teams and the clubs of the Rhône Valley. CNR particularly supports the sport's openness to all types of audiences, due to its health benefits and its awareness of protecting rivers and their ecosystems. CNR welcomes the sport's dynamic feminization, its openness to schools, and its inclusion of people with disabilities.

As the Federation's main partner, CNR is truly proud to support rowing, our beloved sport, whose values and modernity we share!

Congratulations to all!

Laurence Borie-Bancel

Chair of the Executive Board of CNR (Compagnie Nationale du Rhône)



On October 25 and 26, the Coupe de France CNR returns to Vichy!

On Lake Allier — one of France's premier rowing venues — regional leagues will compete in crews made up of their best rowers. This competition, a cornerstone of French rowing, is now opening up to international participants. European regional leagues: take on the challenge, experience intense racing, and discover a city rich in heritage, ideally located in the heart of Auvergne. We would be delighted to welcome you for this year's edition.

I would also like to take this opportunity to warmly thank the CNR and its president, Laurence Borie-Bancel, long-standing partners of the French Rowing Federation and proud supporters of this great event.

Christian VANDENBERGHE

President of the French Rowing Federation



FRANCE

At the origin of the European Union in 1957, France holds a historical and geographic position in western Europe.

With almost 68 million inhabitants on 550 000 km², bordered by 3 seas, rich lakes and rivers, France provides 10 rowing sites with Olympic standards.

What else would one expect in the country of Pierre de Coubertin, founder of the Olympic Games of the modern era and a rower himself?





The diversity of its regions, its culture, its heritage, its gastronomy make it a highly appreciated destination for tourists from all countries.



THE AUVERGNE-RHÔNE-ALPES REGION

Located in the heart of Europe, Auvergne-Rhône-Alpes is one of France's most dynamic and diverse regions. From the majestic peaks of the Alps to the volcanic landscapes of Auvergne, it offers breathtaking natural beauty and endless opportunities for outdoor activities all year round.

The region is also a major economic hub, home to world-renowned industries in energy, health, digital technology, and agriculture. Its vibrant cities—such as Lyon, Grenoble, and Clermont-Ferrand—combine rich history, cultural heritage, and innovation.

Whether you're visiting for business, study, or leisure, Auvergne-Rhône-Alpes invites you to experience the best of France: authentic gastronomy, exceptional landscapes, and a warm welcome.



THE CITY OF VICHY

Nestled in the Auvergne region, the City of Vichy is renowned for its thermal waters, elegant architecture, and rich cultural heritage. Often called the "Queen of Spa Towns," Vichy has been a destination for health and well-being since the 19th century.

Beyond its thermal tradition, Vichy offers a vibrant lifestyle with beautiful parks, a dynamic arts scene, and a strong focus on sports and wellness. Recognized by UNESCO as part of the "Great Spa Towns of Europe," Vichy proudly combines tradition, innovation, and charm.

Whether you're seeking relaxation, culture, or active experiences, Vichy warmly welcomes you.



VICHY 
PATRIMOINE MONDIAL



THE VENUE

Lac d'Allier, situated in Vichy, France, is a prominent venue for aquatic sports and leisure activities. The lake features a 2.5 km by 200 m zone along the left bank, equipped with sound systems, adjacent to parks and the city centers of Vichy and Bellerive-sur-Allier.

An illuminated promenade along the waterfront allows spectators to follow athletes by bicycle. Facilities include a 2,000 m² hall for rowing storage, and a judges' tower for timing and officiating teams.

The venue has hosted major international competitions, including World Championships, confirming its status as a world-class regatta course.

TRANSPORT

Vichy is easily accessible by various means of transport:

- **By Train:** You can take a TER or Intercités train from cities like Lyon, Clermont-Ferrand, or Paris. The journey from Lyon takes about 2 hours, and trains arrive at Vichy's main train station, located near the city center.
- **By Car:** Vichy is connected by major highways, including the A89 and A719. From Lyon, it takes around 2 hours by car. Driving gives you the flexibility to explore the surrounding area.
- **By Plane:** The nearest major airport is Lyon-Saint-Exupéry (LYS), located about 170 km from Vichy. The journey takes around 2h30 by car or 3h30 by train with a transfer in Lyon.



Centralized Accommodation and Meals Service

Vichy Sport offers a dedicated service to help teams simplify the organization of their stay during the Coupe de France CNR 2025. This service provides the opportunity to centralize the management of both accommodation and meals, ensuring a smooth and coordinated experience for all participants.

For more information or to benefit from this service, please contact Christophe **SAINT-GERAND** at:

✉ c.saintgerand@vichy-communaute.fr

Gala Dinner Saturday Evening



As part of the Coupe de France CNR 2025, a formal gala dinner will be organized on Saturday evening for all participants, including athletes and accompanying guests.

The event will be held in the prestigious *Palais des Congrès*, located in the very center of Vichy. This elegant venue will provide the perfect setting for a memorable evening of conviviality and celebration.



PRACTICAL INFORMATION

PROVISIONAL SCHEDULE FOR RACING AND TRAINING VENUE ACCESS

Friday, October 24

- Supervised training from 8:30AM to 6:30PM

Saturday, October 25 – 2000 m

- Supervised training from 8:30 AM to 12:30 PM
- Competition from 1:00 PM to 6:30 PM

Sunday, October 26 – Sprint 500 m

- Competition from 8:30 AM to 12:30 PM

CATEGORIES

- U17 : 4X – 8+ / JM – JW & Mixed W/M
- U19 : 4X – 8+ / JM – JW & Mixed W/M
- Elite : 4X – 8+ / M – W & Mixed W/M

FEES

- Entry + Gala Dinner: €50
- Gala Dinner only: €30

CONTACT

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PARTNERS

